



Physical Education

Unity teaches its students that proper nutrition, exercise and a healthy lifestyle are all essential in serving and worshipping God and treating our bodies as His temple. By teaching discipline, teamwork and responsibility from a biblical worldview, all sports and athletic activities foster Christ-like confidence and attitudes. All students participate in a traditional physical education course. Upper School students also have the opportunity to participate in a Fit for Life and Cross Fit programs that focus on healthy dietary and exercise habits to improve quality of life.

Athletics

Unity Christian School offers a growing number of sports. As of the 2010-2011 school year, we offer football, cheerleading, volleyball and cross country for both middle and high school students in the fall; middle and high school wrestling and girls' and boys' basketball in the winter; and track and baseball in the spring. Girls' softball and boys' and girls' soccer are in the developmental phase. We completed our inaugural season of high school varsity football during the 2009-2010 school year. We compete regionally and through the GISA (Georgia Independent School Association) and GFC (Glory for Christ). Many of our students also compete in a variety of recreational leagues around Floyd County.

Fine Arts

The arts program encompasses music, chorus, steel drum band, visual arts, and drama at all school levels. At the Preschool and Kindergarten levels, we teach that music is a God creation. Students learn the elements of music through lessons that include movement, singing and playing instruments. Elementary students begin the study of music theory, sight singing and study the fundamentals of choral singing. Our Honors Chorus and Girls' 6th & 7th grades ensemble participate in the ACSI Choral Festival each year, and in the spring, the elementary students participate in a musical with opportunities to sing solos, act and sing as part of a large chorus. Middle school students learn to play guitar, study more advanced theory and composition and are introduced to music history and world music. They study the effects of music by conducting music experiments. The goal is to begin to discern which types of music may be healthy or unhealthy choices. Beginner Band begins in 6th grade. Steel drum band begins in seventh grade and has already been privileged to perform throughout the Southeast in venues such as Disney World and the ACSI International Convention. Our Drama Team has also employed its talents to perform through out the Rome area. They also compete in festivals in the fall. Visual arts studies begin in preschool and are offered through high school, where students learn to appreciate the visual beauty of God's Creation through working with a wide variety of art media. Students at all levels have the opportunity for their work to be selected for the ACSI Art Festival each spring. All grade levels are encouraged to participate in planning and leading their own chapel services to become more comfortable and confident about sharing their faith with others.

Extracurricular Activities

Extracurricular activities depend on the expressed interests of our students. At the present time, we offer Math Team, Yearbook, Cooking Club, Adventure Club, Film Club, National Creative Society, Running Club, Fellowship of Christian Athletes, National Honor Society and Student Council. Unity Christian School is also affiliated with a Boy Scout Troop and an American Heritage Girls troop. In addition, students have the opportunity to compete in local and ACSI events such as the Arts Festivals, Math Olympics, Science Fairs and Spelling Bees.